



## SHORT COURSE CLUB RECORDS

List correct as at 7 December 2014

### MEN

Event	Time	Name	Date	Venue
50m Freestyle	21.37	Adam Brown	08.12.11	Szczecin, Poland
100m Freestyle	46.75	Adam Brown	07.08.09	Leeds
200m Freestyle	1:47.97	Martyn Walton	06.12.14	Luton
400m Freestyle	3:49.54	Martyn Walton	07.12.14	Luton
800m Freestyle	7:55.15	Richard Charlesworth	13.12.08	Rijeka, Croatia
1500m Freestyle	14:56.66	Richard Charlesworth	22.11.08	Norwich
50m Backstroke	25.48	Martyn Walton	07.12.14	Luton
100m Backstroke	54.59	Martyn Walton	19.10.14	Sheffield
200m Backstroke	1:55.36	John Sargent	15.11.08	Sheffield
50m Breaststroke	29.11	Johnny Quinn	03.12.11	Norwich
100m Breaststroke	1:03.23	Johnny Quinn	18.03.12	Borehamwood
200m Breaststroke	2:17.00	Sean Leahy	26.11.11	Hatfield
50m Butterfly	24.24	Alex Boyce	10.12.00	Sheffield
100m Butterfly	53.33	Adam Brown	04.02.12	Hatfield
200m Butterfly	1:59.33	Alex Boyce	09.12.00	Sheffield
100m Individual Medley	56.07	Mike Fibbens	21.01.98	Sydney, Australia
200m Individual Medley	2:00.74	Martyn Walton	06.12.14	Luton
400m Individual Medley	4:19.65	Caleb Hughes	15.11.14	Sheffield
4x100m Freestyle Team	3:22.98	G.Sherwin, J.Quinn, J.Allchorne, S.Leahy	08.08.09	Leeds
4x200m Freestyle Team	7:29.27	R.Barclay, C.Hughes, J.Quinn, S.Leahy	04.12.11	Norwich
4x100m Medley Team	3:48.37	J.Sargent, B.Cave, J.Quinn, A.Rust	22.11.08	Norwich

### WOMEN

Event	Time	Name	Date	Venue
50m Freestyle	25.32	Jessica Jackson	07.12.14	Luton
100m Freestyle	54.49	Jessica Jackson	19.10.14	Sheffield
200m Freestyle	1:59.05	Jessica Jackson	07.12.14	Luton
400m Freestyle	4:09.88	Lucy Charles	04.12.11	Norwich
800m Freestyle	8:33.05	Lucy Charles	02.12.12	Cambridge
1500m Freestyle	16:15.45	Lucy Charles	11.03.12	Hatfield
50m Backstroke	29.23	Charlotte Reid	15.11.14	Sheffield
100m Backstroke	1:02.97	Faye Nugent	16.11.14	Sheffield
200m Backstroke	2:13.53	Flora Hanson	06.11.10	Norwich
50m Breaststroke	32.59	Katie Armitage	23.03.14	Borehamwood
100m Breaststroke	1:09.17	Katie Armitage	20.10.13	Sheffield
200m Breaststroke	2:32.63	Charlotte Reid	16.03.13	Borehamwood
50m Butterfly	28.29	Katie Ambridge	10.03.11	Manchester
100m Butterfly	59.77	Katie Ambridge	14.05.11	Hatfield
200m Butterfly	2:12.08	Katie Ambridge	15.11.09	Sheffield
100m Individual Medley	1:04.31	Katie Ambridge	07.11.09	Norwich
200m Individual Medley	2:16.15	Katie Armitage	12.10.13	Hatfield
400m Individual Medley	4:50.33	Katie Ambridge	14.11.09	Sheffield
4x100m Freestyle Team	3:50.07	Y.Bithrey, L.Charles, G.Lee, S.Lee	04.12.11	Norwich
4x200m Freestyle Team	8:14.01	S.Lee, Y.Bithrey, F.Hanson, L.Charles	03.12.11	Norwich
4x100m Medley Team	4:15.57	F.Nugent, K.Armitage, L.West, J.Jackson	15.03.14	Borehamwood

