



HERTFORDSHIRE COUNTY LONG COURSE RECORDS

MEN

List correct as at 16 April 2015

Event	Time	Name	Date	Venue
50m Freestyle	21.92	Adam Brown	26.06.13	Sheffield
100m Freestyle	48.48	Adam Brown	31.07.13	Barcelona, Spain
400m Freestyle	3:50.46	Richard Charlesworth	16.03.09	Sheffield
800m Freestyle	8:00.43	Richard Charlesworth	20.03.09	Sheffield
1500m Freestyle	15:07.50	Richard Charlesworth	20.03.09	Sheffield
5000m Freestyle	53:12.00	Richard Charlesworth	26.03.07	Manchester
50m Backstroke	26.83	John Sargent	31.07.09	Sheffield
100m Backstroke	56.95	John Sargent	28.07.09	Sheffield
200m Backstroke	2:01.33	John Sargent	01.08.09	Sheffield
50m Breaststroke	29.53	Jonathan Quinn	27.04.12	Dublin
100m Breaststroke	1:03.92	Bobby Cave	03.03.12	London Aquatics Centre
200m Breaststroke	2:19.41	Bobby Cave	29.07.08	Sheffield
50m Butterfly	23.96	Adam Brown	10.04.14	Glasgow
100m Butterfly	54.94	Adam Brown	31.02.09	Missouri, USA
200m Individual Medley	2:03.47	Martyn Walton	15.04.15	London Aquatics Centre
400m Individual Medley	4:23.13	Caleb Hughes	05.08.14	Sheffield
4 x 100m Medley Team	3:50.79	J.Sargent, J.Quinn, A.Brown, S.Leahy	03.04.10	Sheffield
4 x 100m Freestyle Team	3:28.10	M.Walton, N.Campbell, B.Slavinec,C.Hughes	30.07.13	Sheffield
4 x 200m Freestyle Team	7:32.34	M.Walton, N.Campbell, B.Slavinec, C.Hughes	01.08.13	Sheffield

BOYS

Event	Time	Name	Date	Venue
100m Freestyle	51.55	Martyn Walton	30.07.13	Sheffield
200m Freestyle	1:52.79	Martyn Walton	01.08.13	Sheffield
400m Freestyle	3:58.88	Martyn Walton	30.07.13	Sheffield
800m Freestyle	8:19.17	Joel Knight	2011	
1500m Freestyle	15:39.66	Joel Knight	2011	
50m Backstroke	27.54	Martyn Walton	18.11.12	Cardiff
100m Backstroke	58.37	Martyn Walton	04.08.13	Sheffield
200m Backstroke	2:05.96	Martyn Walton	17.07.13	Utrecht, Holland
100m Breaststroke	1:08.44	Jonathan Quinn	23.04.06	Sheffield
200m Breaststroke	2:24.39	Nathan Hughes	14.04.15	London Aquatics Centre
50m Butterfly	26.36	Nico Campbell	05.05.13	Luton
100m Butterfly	59.01	Harry Parker	17.07.13	Sheffield
200m Butterfly	2:09.74	Adam Brown	02.05.04	Crystal Palace
200m Individual Medley	2:07.70	Jonathan Quinn	23.04.06	Sheffield
400m Individual Medley	4:29.54	Jonathan Quinn	09.04.06	Sheffield
4 x 50m Medley Team	1:51.41	W.Kearsey, B.Purcell, N.Campbell, M.Walton	21.04.13	Cardiff
4 x 50m Freestyle Team	1:38.97	M.Walton, W.Kearsey, L.Hazlehurst, N.Campbell	21.04.13	Cardiff





HERTFORDSHIRE COUNTY LONG COURSE RECORDS

WOMEN

Event	Time	Name	Date	Venue
50m Freestyle	26.18	Victoria Cook	13.04.02	Manchester
100m Freestyle	56.37	Shauna Lee	18.07.12	Sheffield
200m Freestyle	2:00.85	Shauna Lee	31.07.13	Sheffield
400m Freestyle	4:15.66	Lucy Charles	15.01.12	Sheffield
800m Freestyle	8:44.32	Lucy Charles	07.03.13	Leeds
1500m Freestyle	16:35.41	Lucy Charles	09.03.13	Leeds
50m Backstroke	30.40	Charlotte Reid	22.02.14	Sheffield
100m Backstroke	1:04.53	Faye Nugent	06.08.14	Sheffield
200m Backstroke	2:17.60	Flora Hanson	27.07.11	Sheffield
50m Breaststroke	32.10	Katie Armitage	27.07.14	Glasgow
100m Breaststroke	1:08.69	Katie Armitage	27.07.14	Glasgow
200m Breaststroke	2:31.93	Katie Armitage	26.06.14	Manchester
100m Butterfly	1:00.89	Katie Ambridge	05.03.11	Manchester
200m Butterfly	2:13.54	Lily West	14.03.15	Edinburgh
200m Individual Medley	2:18.36	Katie Armitage	31.07.13	Sheffield
400m Individual Medley	4:51.28	Ceri Unwin	04.04.06	Sheffield
4 x 100m Medley Team	4:16.86	F.Hanson, K.Armitage, J.Jackson, S.Lee	04.08.13	Sheffield
4 x 100m Freestyle Team	3:49.17	J.Jackson, K.Armitage, G.Lee, S.Lee	03.08.13	Sheffield
4 x 200m Freestyle Team	8:16.15	L.Charles, P.Shuttleworth, F.Hanson, S.Lee	20.07.12	Sheffield

GIRLS

Event	Time	Name	Date	Venue
50m Freestyle	26.39	Victoria Cook	25.07.00	Sheffield
100m Freestyle	57.36	Victoria Cook	29.07.00	Sheffield
200m Freestyle	2:03.09	Rachael George	07.08.05	Sheffield
400m Freestyle	4:16.48	Ceri Unwin	04.07.05	Lignano, Italy
800m Freestyle	8:48.54	Ceri Unwin	12.06.05	Crystal Palace
1500m Freestyle	16:57.32	Ceri Unwin	05.08.06	Sheffield
200m Backstroke	2:18.89	Flora Hanson	11.04.10	Glasgow
200m Butterfly	2:18.29	Ceri Unwin	10.06.06	Barcelona, Spain
200m Individual Medley	2:22.15	Ceri Unwin	28.01.06	Sheffield
400m Individual Medley	4:51.28	Ceri Unwin	04.04.06	Sheffield
4 x 50m Medley Team	2:07.48	Hatfield SC	2004	
4 x 50m Freestyle Team	1:51.97	Hatfield SC	2005	

